

Free2Move CLASS TIMETABLE

Fourth Term 2018

DAY	CLASS TYPE	TIMES	DATES	COST / WEEKS	WITH	VENUE
MON	Feldenkrais for Every Body	6:30pm—7:25pm	8 October—10 December	\$330 for 10 weeks Early Birds \$300	Jodie	Chapel Space 117 Angove St North Perth
MON	Studio Pilates (All Levels)	10:00am—10:55am 11:00am—11:55am	Series 7: 8 Oct—5 Nov Series 8: 12 Nov—10 Dec	\$330 for 5 weeks Early Birds \$300 \$66 per class	Ali	150 Vincent St North Perth
TUES	Feldenkrais for Stress & Anxiety	9:30am—10:25am	9 October—11 December	\$330 for 10 weeks Early Birds \$300	Jodie	Chapel Space 117 Angove St North Perth
TUES	Studio Pilates (All Levels)	10:00am—10:55am 6:00pm—6:55pm	Series 7: 9 Oct—6 Nov Series 8: 13 Nov—11 Dec	\$330 for 5 weeks Early Birds \$300 \$66 per class	Ali Jodie	150 Vincent St North Perth
WED	Studio Pilates (All Levels)	1:00pm—1:55pm 4:30pm—5:25pm 6:00pm—6:55pm 7:00pm—7:55pm	Series 7: 10 Oct—7 Nov Series 8: 14 Nov—12 Dec	\$330 for 5 weeks Early Birds \$300 \$66 per class	Jodie Ali	150 Vincent St North Perth
THURS	Studio Pilates (All Levels)	7:45am—8:40am	Series 7: 11 Oct—8 Nov Series 8: 15 Nov—13 Dec	\$330 for 5 weeks Early Birds \$300 \$66 per class	Ali	150 Vincent St North Perth
THURS	Floor Pilates Fit ball	9:30am—10:25am	11 October—29 November	\$264 for 8 weeks Early Birds \$240	Jodie	Chapel Space 117 Angove St North Perth
THURS	Feldenkrais Rejuvenation thru Movement	10:30am—11:25am	11 October—13 December	\$330 for 10 weeks Early Birds \$300	Jodie	Chapel Space 117 Angove St North Perth
FRI	Studio Pilates (All Levels)	10:15am—11:10am	Series 7: 12 Oct—9 Nov Series 8: 16 Nov—14 Dec	\$330 for 5 weeks Early Birds \$300 \$66 per class	Jodie	150 Vincent St North Perth
SAT	Studio Pilates (All Levels)	7:45am—8:40am	Series 7: 6 Oct—3 Nov Series 8: 10 Nov—8 Dec	\$330 for 5 weeks Early Birds \$300 \$66 per class	Ali	150 Vincent St North Perth
SAT	Floor Pilates Beginners	9:00am—9:55am	6 October—8 December	\$330 for 10 weeks Early Birds \$300	Ali	Chapel Space 117 Angove St North Perth
SAT	Feldenkrais for Every Body	10:00am—10:55am	6 October—8 December	\$330 for 10 weeks Early Birds \$300	Ali	Chapel Space 117 Angove St North Perth

details may be subject to change—enrolment essential

to book go to our website—www.free2move.com.au or call 0405 97 22 11

email enquiries: admin@free2move.com.au

early birds rate available for payments made by Monday, 24th September 2018