

Free2Move CLASS TIMETABLE

First Term 2019

DAY	CLASS TYPE	TIMES	DATES	COST / WEEKS	WITH	VENUE
MON	Feldenkrais for Every Body	6:30—7:25pm	4 February—8 April No class 4 March—Labour Day	\$297 for 9 weeks Early Birds \$270	Jodie	Chapel Space 117 Angove St North Perth
MON	Studio Pilates (All Levels)	10:00am—10:55am 11:00am—11:55am	Series 1: 4 Feb—25 Feb Series 2: 11 March—8 April No class 4 March—Labour Day	\$264 for 4 weeks \$330 for 5 Weeks Early Birds \$300 \$66 per class	Ali	150 Vincent St North Perth
TUES	Feldenkrais for Stress & Anxiety	9:30am—10:25am	5 February—9 April	\$330 for 10 weeks Early Birds \$300	Jodie	Chapel Space 117 Angove St North Perth
TUES	Studio Pilates (All Levels)	10:00—10:55am 6:00pm—6:55pm	Series 1: 5 Feb—5 March Series 2: 12 March—9 April	\$330 for 5 weeks Early Birds \$300 \$66 per class	Ali Jodie	150 Vincent St North Perth
WED	Studio Pilates (All Levels)	7:00am—7:55am 8:00am—8:55am 7:00pm—7:55pm	Series 1: 6 Feb—6 March Series 2: 13 March—10 April	\$330 for 5 weeks Early Birds \$300 \$66 per class	Ali Jenny	150 Vincent St North Perth
THURS	Studio Pilates (All Levels)	7:45am—8:40am	Series 1: 7 Feb—7 March Series 2: 14 March—11 April	\$330 for 5 weeks Early Birds \$300 \$66 per class	Ali	150 Vincent St North Perth
THURS	Floor Pilates Fit ball	9.30am—10.25am	7 February—11 April	\$330 for 10 weeks Early Birds \$300	Jodie	Chapel Space 117 Angove St North Perth
THURS	Feldenkrais Rejuvenation thru Movement	10.30am—11.25am	7 February—11 April	\$330 for 10 weeks Early Birds \$300	Jodie	Chapel Space 117 Angove St North Perth
FRI	Studio Pilates (All Levels)	10:15am—11:10am	Series 1: 8 Feb—8 March Series 2: 15 March—12 April	\$330 for 5 weeks Early Birds \$300 \$66 per class	Jodie	150 Vincent St North Perth
SAT	Studio Pilates (All Levels)	7:45am—8:40am	Series 1: 2 Feb to 23 Feb Series 2: 9 March to 6 April No class 2 March—Labour Day long weekend	\$264 for 4 weeks \$330 for 5 Weeks Early Birds \$300 \$66 per class	Ali	150 Vincent St North Perth
SAT	Floor Pilates Beginners	9:00am—9:55am	2 February—6 April No class 2 March—Labour Day long weekend	\$297 for 9 weeks Early Birds \$270	Ali	Chapel Space 117 Angove St North Perth
SAT	Feldenkrais for Every Body	10:00am—10:55am	2 February—6 April No class 2 March—Labour Day long weekend	\$297 for 9 weeks Early Birds \$270	Ali	Chapel Space 117 Angove St North Perth

class times and instructors may be subject to change

enrolment is essential—to book go to our website: www.free2move.com.au or call 0405 97 22 11

email enquiries: admin@free2move.com.au

early birds rate available for payments made by Fri 18th January 2019